

# HEAD COACH BOB NELLIGAN

**31ST SEASON AT MARYLAND • MASSACHUSETTS '72  
1999 NCAA SOUTHEAST REGION COACH OF THE YEAR**



Bob Nelligan returns for his 31st and final season guiding the Maryland gymnastics program, having recently announced his intentions to retire following the 2008-09 campaign.

The face of Maryland gymnastics since 1979, Nelligan begins the season with a career mark of 478-426-4. He has achieved 18 winning seasons at Maryland and 18 NCAA regional championship appearances, earning a reputation as a passionate and caring coach with abundant energy and a positive nature.

"I'm proud of the accomplishments of the program athletically, but it's been tremendously rewarding to me to have an impact on the lives of our student-athletes in so many other ways. My tenure as a Maryland coach has been one of the most personally and professionally rewarding experiences of my life."

Affectionately referred to as 'Duke', Nelligan has garnered the respect of all his colleagues at Maryland and nationwide, and is recognized as one of the top gymnastics coaches in the country. In 1999, he was acknowledged for his contributions to collegiate gymnastics when he was honored as both the East Atlantic Gymnastics League (EAGL) Coach of the Year and Southeast Region Coach of the Year.

During his remarkable career, Nelligan has been the driving force behind the Terps' success. His love for the sport and for his athletes is unique in today's world of gymnastics.

"Duke is one of the most passionate and caring coaches I know. He absolutely loves to be in the gym teaching and coaching," said assistant coach Vicki Chliszczyk. "His energy is evident in each and every practice and the entire team knows that Duke will be there to support them in any situation. Duke knows how to make each practice exciting and fun!"

Nelligan has witnessed and adapted to the numerous changes that collegiate gymnastics has undergone throughout his tenure. As gymnasts have gotten stronger, so has Nelligan's recruiting of the top gymnasts in the country. During Nelligan's career with the Terps, his team has qualified for the NCAA Southeast Region Championships 14 times since entering that region in 1983-84, including six consecutive times from 1983 to '89 and four consecutive times from 1998-2001. In recent years, the Terps have moved closer to qualifying for the NCAA Championship meet.

Maryland's level of success is only achieved through a strict regiment of training and conditioning, which Nelligan implements on a year-round basis. Nelligan is constantly striving to be the best and expects his gymnasts to do the same, both in athletics and academics. Last season, Maryland had five All-EAGL first team selections and three All-EAGL second team selections. Since 1996, Maryland has had five teams finishes in the top three at the EAGL Championships.

But the Terps' success under Nelligan has come in the classroom as well as the gym. In 2008, 13 Terrapin gymnasts earned All-EAGL academic honors, including Scholar-Athlete of the Year Gretchen Kittelberger. Gymnastics has now won the President's Cup Team GPA Award four consecutive times and eight times in the history of the award. Nelligan's gymnasts also recently posted a 100-percent graduation rate.

Nelligan is responsible for ensuring this level of athletic and academic success is constantly maintained. He is the Maryland Terrapin team leader and the dedication and enthusiasm of the Terrapin gymnasts is a direct reflection of Nelligan's attitude and work ethic.

"Duke is one of the most technical coaches in all of collegiate gymnastics. His passion for the sport and support for his athletes is unrivaled. My father has done so much for me throughout my gymnastics career, it is a complete honor to be able to assist him with his," said his son Brett Nelligan, Maryland's associate head coach who will assume head-coaching duties following the 2008-09 season.

Even though his work with the gymnastics team consumes most of his time throughout the year, Nelligan still finds time to focus his energies on several other projects. He assists the Director of the Maryland Gymkana Troupe, the only touring exhibition gymnastics troupe in the country. They perform nationwide and have become a main attraction on the Maryland campus. Nelligan is also the co-founder of the Maryland Gymkana Camp and on numerous occasions has been a guest lecturer in the College of Health and Human Performance Department.

Nelligan also is a director and master staff member at the Woodward Gymnastics Camp in Woodward, Pa., and is a member of the National Association of Collegiate Gymnastics Coaches, the U.S. Elite Coaches Association and the chairman of the first NACGC ethics committee. Nelligan also has taught numerous classes regarding athletics and is striving to take athletics to another level through his pioneering of a wellness program for all of the varsity athletes at Maryland. This program is currently in the process of being implemented to select track and field athletes and will ensure that athletes achieve their highest potential through the best means possible.

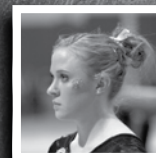
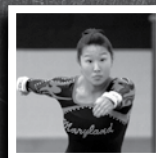
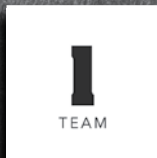
Originally from Braintree, Mass., Nelligan has more than 35 years of gymnastics experience. Prior to accepting the position of head coach at Maryland for the 1978-1979 season, Nelligan worked in various capacities at the Masters School in Dobbs Ferry, N.Y. From 1973 to 1978 he was a physical education instructor at the Masters School and also coached several teams, including gymnastics, lacrosse and softball. In addition to these responsibilities, Nelligan was named the Chairman of the Physical Education Department in 1975 for the Masters School. From 1972 to 1973 Nelligan coached at the Marvateens Gymnastics School in Rockville, Md., and before that was an instructor and coach at the Weymouth South School in Weymouth, Mass. Nelligan received his B.S. in physical education from the University of Massachusetts in 1971.

Nelligan and his wife, Chris, have two children; Brett and Kelsey. Brett is the associate head coach and recruiting coordinator of the Maryland gymnastics team and Kelsey is the lone senior on the team.



**THE NELLIGAN FAMILY: BRETT, KELSEY, BOB AND CHRIS**





## NELLIGAN YEAR-BY-YEAR

Year	Record	Pct.
1979	11-7	.611
1980	11-14	.440
1981	9-7	.563
1982	19-6	.760
1983	10-13	.434
1984	19-14	.575
1985	17-22	.436
1986	12-17	.414
1987	18-10	.643
1988	17-12	.586
1989	20-11-1	.641
1990	6-7	.462
1991	15-17	.469
1992	11-24	.314
1993	20-12	.625
1994	13-24-1	.355
1995	23-14	.626
1996	25-24	.510
1997	11-19	.366
1998	22-18	.550
1999	29-13	.674
2000	19-12	.613
2001	19-10	.704
2002	21-9	.700
2003	15-12-1	.554
2004	13-16	.448
2005	18-12-1	.597
2006	16-12	.571
2007	8-20	.286
2008	11-18	.357
<b>Total</b>	<b>478-426-4</b>	<b>.529</b>

## IN THE EAGL

Year	EAGL	Place/Score
1996	4-4	4th/189.900
1997	1-8	7th/191.775
1998	3-6	4th/192.675
1999	5-4	2nd/195.475
2000	4-1	3rd/195.050
2001	3-2	2nd/195.875
2002	6-1	3rd/194.825
2003	5-5	4th/195.775
2004	3-7	5th/196.025
2005	5-4	T-2nd/195.200
2006	7-3	5th/194.175
2007	3-8	8th/191.175
2008	3-8	5th/ 193.375
<b>Totals</b>	<b>52-61</b>	



## SUPPORT STAFF



**Michael Lipitz**  
Senior Associate  
Athletics Director



**Allie Hall**  
Operations &  
Facilities



**Suzanne Moreland**  
Volunteer Assistant  
Coach

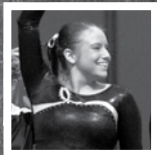


**Christine Stanley**  
Sports  
Medicine



**Kilee Taflinger**  
Strength &  
Conditioning





# BRETT NELLIGAN

**ASSOCIATE HEAD COACH / RECRUITING COORDINATOR  
SIXTH YEAR AT MARYLAND • MASSACHUSETTS '03**



Brett Nelligan enters his sixth season at Maryland having recently assumed the role of associate head coach of the Terrapin gymnastics team for the 2008-09 season. He will become the fourth head coach in the program's 34-year history beginning June 1, 2009, following the retirement of his father, Bob Nelligan.

A member of the coaching staff since July 2003, Nelligan is responsible for coaching vault and tumbling. In 2008, the vault was among the highest average scoring events for the team. He is also relied on for his spotting abilities that are crucial to the team's success.

Head coach Bob Nelligan said, "During his five-year tenure, vault and floor have been our most stable events and those events are where we posted some of our highest totals." Nelligan also describes Brett as a technician, "He understands the mechanisms of where the sport is going. With Brett you are seeing the emergence of a national coach."

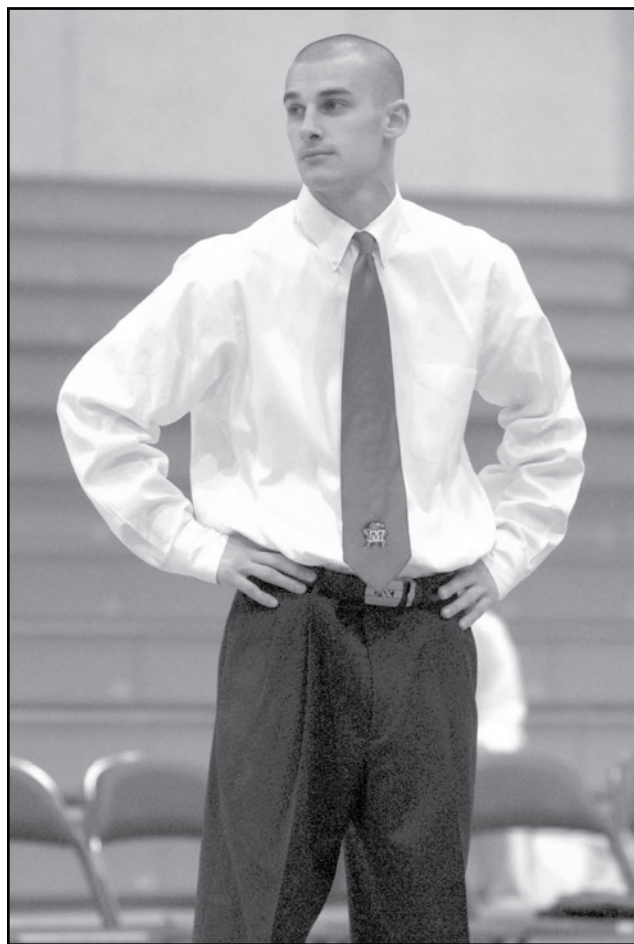
In addition to coaching, Nelligan is credited with securing several of the Terps' most talented recruiting classes ever. Incoming freshmen Kyra Phillips and Rebecca Pang both performed well at the 2008 Junior Olympic National Championships, and the larger 2007 freshman class won a combined six Junior Olympic national championship titles.

Nelligan's recruiting success helped him earn the title of recruiting coordinator in May 2006. His father, head coach Bob Nelligan, believes what makes Brett a good recruiter is his believability, "He is selling something that he believes in, his father and the Maryland gymnastics system. He also goes out recruiting with a plan to bring in the highest ranked athletes."

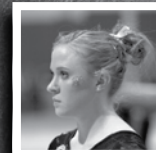
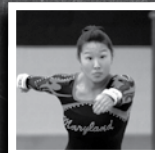
A 2003 graduate of the University of Massachusetts with a degree in sport management, Nelligan competed three years of gymnastics for the Minutemen, serving as co-captain one year. An accomplished gymnast himself, Brett regularly made lineup on vault, floor exercise, high bar and pommel horse. On vault, he placed in the top 10 at the NCAA Championships and third at the ECAC Championships. He was also an Academic All-American and aided his team in winning two ECAC Championships. A versatile athlete, Brett turned to diving after the UMass gymnastics program was cancelled, and witnessed the team achieve its third straight Atlantic-10 title.

In recent years, Nelligan has spent his summers coaching at several gymnastics camps, including the University of Georgia, University of New Hampshire, University of Arizona, University of Rhode Island, University of Maryland Gymkana Gymnastics Camp, Woodward Gymnastics Camp, and at the U.S. Gymnastics Training Center in Holyoke, Mass.

Brett currently resides in College Park, Maryland, and enjoys the opportunity to work with his father, head coach Bob Nelligan, and his sister Kelsey, a senior on the Terps gymnastics team.







## VICKI CHLISZCZYK

**ASSISTANT COACH • FOURTH YEAR AT MARYLAND  
YORK UNIVERSITY '01**



Vicki Chlisczyk returns for her fourth season as assistant coach of the Maryland gymnastics team. Chlisczyk primarily coaches balance beam, but also assists on all events, routine construction and spotting. Some of her other duties include selecting team apparel and coordinating travel arrangements.

In her first three seasons, Chlisczyk is credited with raising both the beam line-up's confidence and level of difficulty. In 2008, the team's progression on the balance beam continued, and Chlisczyk's mentoring of Talia Tossone helped enable the Terps gymnast to post the team's highest individual beam score (9.900) since 2004. That performance came one season after balance beam posted the highest event total of the 2007 season with a score of 48.925 in a quad meet against New Hampshire, Temple and James Madison.

"Vicki has been a tremendous asset to our team in many ways, but especially her contributions to our beam team," head coach Bob Nelligan said. "Our work on the balance beam has come a long way in large part to her efforts in that regard."

Coach Nelligan has seen Chlisczyk continue to progress as a coach since her arrival in College Park in 2005. However, the long-time coach noticed his assistant's talent right away during her first season at the helm. The elder Nelligan initially described Chlisczyk's biggest contribution to the team as unseen; "She quickly gained the team's respect, because of her dedication, fairness and support. The team knows she is pulling for them."

Chlisczyk studied with the Ontario Gymnastics Federation and completed an intensive national coaching certificate program. The in-depth training system teaches coaches how to develop athlete's skills and adequately spot them. Coach Nelligan believes Chlisczyk has done an excellent job transitioning into Maryland gymnastics, "She has adapted well with our system and will continue to grow with it while adding her own ideas. She is a teacher and knows how to mold gymnasts."

Chlisczyk spends her summers working at the prestigious Woodward Gymnastics Camp in Pennsylvania. She has been one of the gymnastics program directors for the last five years and affiliated with the program since 1996. Some of her duties include scheduling, coaching and conducting clinics to visiting coaches. At Woodward, she manages a gymnastics coaching staff of 30 coaches and over 3000 gymnasts, including many at the elite level.

A 12-year member of the Milton Springers gymnastics club in Milton, Ontario, Canada, Chlisczyk, competed in the Provincial Championships for 10 consecutive years (1989-2000). The Milton Springers Club dedicated an award in her name, "The Vicki Chlisczyk Award for Dedication", given at the end of the year to the most dedicated athlete.

A native of Ontario, Canada, Chlisczyk earned a bachelor's degree in Philosophy at York University in 2001. Her parents and brother (Chris) reside in Ontario, Canada.

